

Resource With Source

An integrative trauma informed resiliency-based consultation and training group for coaches and health practitioners

Would you like to learn and integrate trauma informed and resiliency-based techniques into your work with clients through weekly consultation and training?

Danielle Carron, M.S., M.A., SEP, LPC, synthesizes her training and experience in *Contemplative Psychotherapy, Holistic Nutrition, Internal Family Systems (IFS), Somatic Experiencing® (SE™), Functional Neurology, Shamanic Healing, Meditation, and Quantum Healing* to offer an integrative model called **Resource With Source**. She worked as a licensed psychotherapist for 13 years and now works as a coach.

This consultation and training group will address the multitude of ways trauma can impact us and how we can heal on many levels: *psychological, emotional, physical, sexual, physiological, biochemical, spiritual, relational, and energetic*. There will be an emphasis on Internal Family Systems (IFS) principals and how many other systems can be integrated into a foundational map.

The concept is to learn new skills through a combination of lecture, training, case consultations, questions, and demos that you can integrate into your work with clients for more efficient and effective results.

We will cover topics such as how to:

- Utilize powerful integrative techniques for all types of trauma
 - Understand how trauma impacts us and how to address and prevent trauma
 - Use language that is trauma informed and restores power to clients
 - Embody change through new corrective experiences instead of rehashing the past
- Integrate somatic techniques and parts work
 - Use somatic techniques to regulate the nervous system and move incomplete physiological impulses (fight, flight, freeze) and sensations through to completion
 - Understand the importance of nervous system regulation and how you can help clients learn to regulate themselves.
- Understand in-depth IFS principals (as more than a therapeutic modality, but a way of life)
 - Explore how parts can derail the healing process/progress
 - Look at parts work from the microcosm to the macrocosm
 - Map out clients parts and learn how to work with them
 - Utilize part work and language to improve relationships, work environments...etc
- Help clients connect to an innate unshakable resilience
 - Learn how to help clients feel empowered to be with their greatest fear and their greatest pain
 - Release conditioning in order to live and experience their most authentic selves
 - Integrate an impactful spiritual component into your work

Details

When: Starting November 2022 (with on-going enrollment)

Where: Live zoom calls that will be recorded if you miss it.

Time: Wednesdays 12-1pm MST

Fee: \$200/month (You can discontinue at any time)

Who: Danielle P. Carron, MS, MA, SEP, LPC daniellecarron.com

Contact: Danielle at daniellecarron@gmail.com or 303-359-9292.

Limited to 15 people.

Testimonials From Danielle's Trainings

"This has been one of the best investments I have ever made. The impact personally has been substantial. It served to accelerate my progress in my own therapy greatly working with my parts. My approach to therapy with my clients is considerably more embodiment focused which was a huge piece I was missing." - JV participant in Danielle's Resource with Source training.

"If you want to rid of burnout and over-responsibility as a therapist with your clients, this holistic approach is for you. Danielle's vision of integrating various modalities and spirituality awakens the importance of bringing all of who we are to this work, from a place of being grounded in self. The gift of this, is empowering others to find the wholeness in themselves, with body, beliefs, emotions, and spirit, that has unlimited intelligence and clarity for transformation, change and freedom. There is relief in understanding that we are the 'experts' of ourselves, just as our clients are vs our agenda for them, with best intentions." - D.S., participant in Danielle's Resource with Source training.

"Danielle's training increased my effectiveness as a therapist exponentially. By using the approaches I learned from her, I was able to help my clients obtain powerful and transformative results on a regular basis. Now, clients frequently share feedback with me like 'I've been in therapy for years/decades, and what we are doing works so much better than anything else I've tried.' An excellent teacher and clinician, Danielle is caring, full of integrity, and dedicated to helping her students succeed. I cannot recommend this training highly enough. If you have been questioning whether you are truly helping your clients to create lasting change, TAKE THIS TRAINING!" - S.S. participant in Danielle's training.

"Learning how IFS and somatic work come together so naturally has greatly improved my ability to work with my clients. They are so relieved and empowered by the tools and perspective that this work brings! I myself have more consistent access to Self energy and body-based resources as a result of this training, as well. Danielle is a heart-centered, brilliant visionary and teacher. The work she does and the way that she presents information is assessable, inspiring, and life-changing. She has a genius for seeing the useful and sacred patterns across modalities and bringing them to people in a way that heals and empowers the individual." - C.K. participant in Danielle's training.

"Getting to really connect with my core Self so deeply and thoroughly has made my work full of more ease, joy, creativity, healing and profound expansion for both my clients and myself. Danielle is a skilled teacher with true heart and dedication -- she will meet you exactly where you are personally and professionally, and take you on a journey you never imagined possible and will be tremendously grateful for afterward." - J.B. participant in Danielle's training.



Danielle P. Carron, MS, MA, SEP, LPC has been working with clients for over 14 years. In the past year she chose to no longer work under her psychotherapy license for greater freedom. She specializes in working with all types of trauma as the root cause of many health conditions. Danielle holds a M.A. in Contemplative Psychotherapy and an M.S. in Holistic Nutrition. She is a certified Somatic Experiencing Practitioner (SEP) and has extensive training in Internal Family Systems: Level I, Level II: IFS, Trauma, and Neuroscience; and IFS and Spirituality weeklong retreat. She is passionate about the multi-dimensionality of health and also has training in Functional Neurology, Shamanic Healing, Gestalt, Quantum Healing and Meditation. She enjoys teaching and has trained students and clinicians in a variety of settings including Naropa University. Resource With Source is an integrative resiliency-based training she designed and teaches. Some of the most influential people she has trained with include Peter Levine, Dick Schwartz, Diane Poole Heller, Steve Hoskinson, Loch Kelly, Byron Katie, Malidoma Some, and Joe Dispenza. Danielle is passionate about bringing resiliency and healing work to the larger community. She enjoys working with others and shining a light on their true essence. For more information please visit daniellecarron.com